

ADAMS TOWNSHIP SCHOOL DISTRICT

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6/10/21

Dear Parent(s),

Upper Great Lakes Health has changed the way that student-athletes will receive physicals this year. Students will be split up into one of two cohorts based upon the following criteria. Please see the information below from Upper Great Lakes Health.

Cohort A	Cohort B
<p>Insurance</p> <ul style="list-style-type: none"> ● UPHP ● BCBS ● Self-Pay - Please call 483-1705 to see if this Cohort meets your needs. 	<p>Insurance</p> <ul style="list-style-type: none"> ● UPHP ● BCBS ● Self-Pay - Please call 483-1705 to see if this Cohort meets your needs.
<p>Your child has not had a Well Child Exam since January 1, 2021</p>	<p>Your child has had a Well Child Exam since January 1, 2021</p>
<p>Dates:</p> <p>Houghton Family Health Center</p> <ul style="list-style-type: none"> ● June 15th from 2:00 p.m. – 6:00 p.m. ● June 17th from 8:30 a.m. – 12:30 p.m. ● July 8th from 1:00 p.m. – 5:00 p.m. <p>Hancock Family Health Center – Family Practice</p> <ul style="list-style-type: none"> ● July 20th from 1:30 p.m. – 5:30 p.m. <p>Hancock Family Health Center – Pediatrics</p> <ul style="list-style-type: none"> ● June 22nd from 1:00 p.m. – 5:00 p.m. ● July 14th from 8:30 a.m. – 12:30 p.m. <p>Lake Linden Family Health Center</p> <ul style="list-style-type: none"> ● June 28th from 1:00 p.m. – 5:00 p.m. <p>Calumet Family Health Center</p> <ul style="list-style-type: none"> ● July 21st from 1:00 p.m. – 5:00 p.m. 	<p>Dates:</p> <p>Houghton Family Health Center</p> <ul style="list-style-type: none"> ● June 29th from 2:00 p.m. – 6:00 p.m. ● July 27th from 2:00 p.m. – 6:00 p.m. <p>Hancock Family Health Center – Family Practice</p> <ul style="list-style-type: none"> ● July 26th from 1:00 p.m. – 5:00 p.m. <p>Hancock Family Health Center – Pediatrics</p> <ul style="list-style-type: none"> ● June 25th from 1:00 p.m. – 5:00 p.m. ● July 19th from 2:00 p.m. – 6:00 p.m. <p>Lake Linden Family Health Center</p> <ul style="list-style-type: none"> ● July 30th from 8:30 a.m. – 12:30 p.m. <p>Calumet Family Health Center</p> <ul style="list-style-type: none"> ● July 28th from 1:00 p.m. – 5:00 p.m.

UGL patients (or their parent/guardian) will be contacted via our HealthTalk system in the form of a text message to schedule their appointment. Those parents/guardians who have more than one child will receive a separate text message for each child.

If a student is not an established UGL patient, their parent/guardian may text "Hello" to 906-257-9677 or call 906-483-1860 to schedule.

Going forward, in an effort to provide the best comprehensive care, sports physicals will follow this format. Parents/guardians may consider adjusting their child's Well-Child Exam so it falls within the timeframe when sports screenings may be performed for the following school year in order to have all services completed during one appointment.

Athletes should arrive prepared and must have the following items in hand:

1. Physical form (Schools to provide) with **completed health history (in its entirety)**. **Please note that this must include parent's signature to participate in a physical.**
2. Insurance Card
 1. For those without insurance we do have a sliding fee scale and parent's will be provided the application.
3. Eyeglasses or contact lenses for the vision test.
4. Athletes **DO NOT** need to bring a urine sample for the physical.

If you have any questions concerning student physicals, please contact the Upper Great Lakes Family Health Center administration office at (906) 483-1705 or visit www.uglhealth.org for more information.