



Hancock Family
Health Center
500 Campus Drive
Hancock, MI
(906) 483-1060

Houghton Family
Health Center
600 MacInnes Drive
Houghton, MI
(906) 483-1860

May 8, 2017

Dear Parents and/or Guardians:

As a continued community service, providers at Upper Great Lakes Family Health Centers (UGLFHC) in Hancock and Houghton will be offering **FREE** athletic screenings to your student athletes (those entering 7th grade-12th grade) on Tuesday, June 13, 2017 at the following scheduled locations and times:

UGLFHC - 500 Campus Drive, Suite #2, Hancock:

- 8:00 a.m. to 10:00 a.m. – Hancock Schools
- 10:00 a.m. to 11:30 a.m. – Jeffers-Painesdale/Dollar Bay

UGLFHC- 600 MacInnes Drive, Houghton:

- 1:00 p.m. to 3:30 p.m. – Houghton Schools
- 3:00 p.m. to 4:30 p.m. – Chassell Schools/Stanton Township

Athletes should arrive prepared and must have the following items in hand in order to participate in this program:

1. Physical form (available through your student's high school) with **completed health history (in its entirety)**. **Please note that this must include parent's signature in order to participate in athletic screening.**
2. Eyeglasses or contact lenses for the vision test.
3. Athletes **DO NOT** need to bring a urine sample for the screening.

Students should be dressed appropriately for this program.

1. Wear a shirt that can be pulled up so the provider can listen to heart and lungs.
2. Wear shoes that can be easily removed and put back on as well as stable for walking test.

This is the **only** day we will be offering FREE athletic screenings.

IMPORTANT NOTE:

The athletic screening is a basic screening of the body system of a **healthy** child to rule out any impeding conditions that would hinder a child's ability to participate in sports. Additionally, parents are encouraged to schedule their child for an annual wellness exam, which is a more comprehensive exam than the sports screenings. Wellness exams may include immunizations and possible referrals, labs, or radiology that may be needed to diagnose and treat chronic health conditions.

Students having one or more of the following medical conditions should schedule a regular physical/well child exam with their primary care provider (family physician or pediatrician) as they will not be able to participate in the screening day:

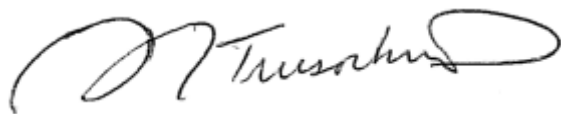
- DIABETES
- ASTHMA
- HISTORY OF SEIZURES
- HISTORY OF RECURRENT HEAD CONDITIONS
- CONGENITAL HEART DISEASE OR A HISTORY OF ANY OTHER CARDIAC CONDITION
- PREVIOUS OR RECENT SERIOUS ORTHOPEDIC INJURIES SUCH AS BROKEN BONES, KNEE INJURIES, SCOLIOSIS, ETC.

It is the prerogative of the examining provider to deny clearing your student for participation in sports if the physician feels there is a possibility of illness. It may be in your student's best interest to have his/her examination completed by his/her primary care provider, since there are a number of other health measures that should be discussed including updates of immunizations.

You are encouraged to check your health insurance plan, all insurances should cover well child Exams now due to the Affordable Care Act. If your student is covered for a yearly physical examination by their primary care provider, it would be in their best interest to contact the Provider's office to schedule an appointment.

If you have any questions concerning the upcoming student athletic screenings, please contact the Upper Great Lakes Family Health Center administration office at (906) 483-1705.

Sincerely yours,

A handwritten signature in black ink, appearing to read "B. Trusock", written in a cursive style.

Bruce J. Trusock, MD
Medical Director of Sports Medicine Institute